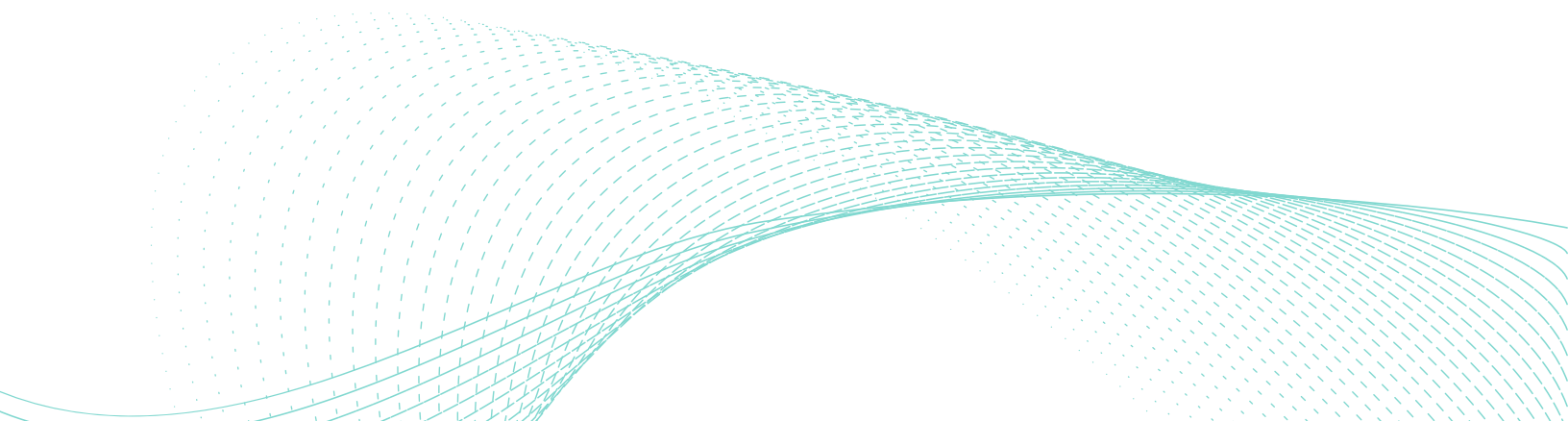




CareMEDICA
Elite

**THE NEW FRONTIER
OF CONCIERGE MEDICINE**

PALM BEACH GARDENS, FL | NORTH HAVEN, CT | INTERNATIONAL





THE PATH TO ULTIMATE LONGEVITY BEGINS WITH *Elite* HEALTHCARE

IT WAS JUST OVER A DECADE AGO that we launched the CareMedica Elite program in New Haven, Connecticut, right in the heart of the nation's premier medical hub, with Yale University Medical School in our backyard. We hand-selected our first 150 patients to experience a level of personalized care that was unlike any other. Since then, our community has grown exponentially, expanding throughout the Northeast, the South Coast, and even internationally.

TODAY, CareMedica Elite proudly extends its legacy of medical excellence to the residents of Palm Beach County, Florida. We invite you to place your health in the hands of our tenured medical doctors and concierge staff—working together in lockstep to deliver a truly elevated healthcare experience. At Elite, we take a superiorly proactive approach to wellness, where advanced preventive diagnostics and around-the-clock communication are the cornerstones of lasting vitality and longevity. We promise to be there for every major and minor moment in your life.



Fausto Petruzzello, MD | Elite Medical Director

WELCOME TO THE *Elite* COMMUNITY

AS A MEMBER, you'll experience so much more than the average doctor's office visit. From the moment you walk through our doors, you'll be welcomed with genuine warmth, offered complimentary refreshments, and even be handed a warm towel—small gestures that reflect our deep commitment to comfort and care. You'll enjoy complete privacy during your appointment, while your clinical assistant and private physician take the time to truly listen, understand, and guide you with precision. At CareMedica Elite, we harken back to a time when doctors and patients shared meaningful, lasting relationships—built on trust, empathy, and attentiveness. We promise to be by your side through every chapter of life, celebrating the highs and supporting you through the unexpected lows.



SEE YOUR DOCTOR as often as you need, with 24/7 access to immediate care, zero wait times, and no limits on office visits or telehealth calls



COMMUNICATE DIRECTLY with your concierge care team anytime, day or night, for either quick questions or unexpected medical concerns



ENJOY FULL PRIVACY with your own dedicated reception area and members lounge, complete with daily snacks and refreshments

WHY CONCIERGE MEDICINE?

Our advanced concierge medicine model empowers you to stay in close contact with your private physician and dedicated care team, ensuring immediate medical attention whenever it's needed. Patients who transition from traditional care to concierge medicine notice the difference right away: personalized, attentive service where your needs always come first.

At CareMedica Elite, health and connection go hand in hand. Our community of members comes together regularly for thoughtfully curated events and wellness experiences—from group fitness classes and guided yoga to seasonal celebrations and health-focused seminars on topics chosen by our members themselves. Whether it's instructor-led pickleball, breathing workshops, or chair yoga, Elite offers a lifestyle that extends far beyond the doctor's office.



Office in The Heart of Palm Beach Gardens, FL

YOUR HOME OFFICE | PALM BEACH GARDENS, FL

LOCATED IN THE HEART of picturesque Palm Beach Gardens, our newly constructed, state-of-the-art medical suite offers an elevated experience where cutting-edge technology meets five-star service. This luxurious setting redefines what concierge medicine can be—personalized, seamless, and truly exceptional. Situated on the third floor of the Florida Cancer Specialists building, our office provides convenient access to an array of affiliated specialists within the same facility. For added convenience, a Quest Diagnostics lab site is located on the first floor, offering fast and easy access to laboratory services. Just steps away, a full-service pharmacy allows for quick prescription pickups—making your visit as efficient as it is comprehensive.

For our **DUAL-RESIDENT MEMBERS**, the CareMedica Elite experience extends to our Northeast location in North Haven, Connecticut—just a short drive from Yale University and only an hour from downtown Manhattan. Our established presence in the region includes a robust network of affiliated specialists, giving members access to trusted second and third opinions from some of the Northeast's most respected medical professionals.



CareMedica Elite Florida | 3401 PGA Boulevard, Suite 310 Palm Beach, FL

WE'RE HONORED to welcome you—and the members of your family—into our newest office location in beautiful Palm Beach Gardens, Florida. With deep-rooted connections to a wide network of trusted Floridian physicians and medical specialists, we're confident you'll receive a level of expert care that's truly unmatched.



CareMedica Elite Florida | Private Examination Room

OUR NEWLY FURNISHED medical suite features spacious exam rooms, serene interiors, and an exclusive members lounge designed with your comfort in mind. Whether you're coming in for a visit or simply stopping by to say hello and enjoy a refreshment, you'll always be welcomed with warmth and hospitality. Come as often as you'd like and stay as long as you wish—we're here to make every visit feel like a homecoming.

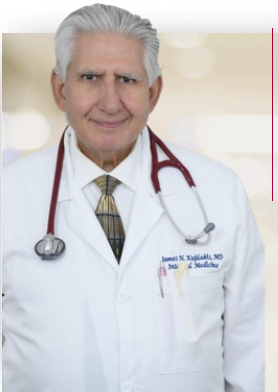
INTRODUCING YOUR CONCIERGE CARE TEAM

FLORIDA'S *Elite* PROVIDERS



Amalinnette Zito, M.D. | Elite Medical Doctor

Dr. Zito is a board-certified internist with over 20 years of experience practicing in Florida. She earned her medical degree from Tulane University School of Medicine and completed her chief residency at the University of Miami (Jackson Memorial Hospital). Dr. Zito specializes in the management of chronic conditions such as diabetes and hypertension, delivering personalized, comprehensive care to her patients.



James Kufdakakis, M.D. | Elite Medical Doctor

Dr. Kufdakakis is a board-certified internist with over 40 years of experience practicing in both public and private healthcare settings. He earned his medical degree from Universidad Central del Caribe in Puerto Rico and completed his internship and residency at the University of Illinois in Chicago. Dr. Kufdakakis provides comprehensive primary care with a strong emphasis on personalized, patient-centered treatment.



Catherine DuBois, APRN | Elite Medical Provider

Catherine DuBois earned her Bachelor's degree from the University of Florida and completed her nursing and graduate training in Family Medicine through Barry University and CSU Long Beach, with additional certification from the Harbor UCLA Women's Health Program. Catherine provides personalized, collaborative care with a focus on preventive health and lifestyle-based treatment.



Catherine Nieves Osorio, APRN | Elite Medical Provider

Catherine Nieves Osorio is an Advanced Practice Registered Nurse with over 26 years of clinical experience across operating rooms, gastroenterology, and pre-operative care. She earned her Master of Science in Nursing from Chamberlain University, focusing on preventive medicine, chronic disease management, and delivering personalized, patient-centered primary care.

INTRODUCING YOUR CONCIERGE CARE TEAM

FLORIDA'S *Elite* CONCIERGE STAFF



Paolo Persichetti, NASM-CNC | Nutrition & Lifestyle Specialist

Paolo Persichetti is the Director of CareMedica International and Membership Director of CareMedica Elite. He holds advanced certifications in nutrition, exercise science, metabolic health, and wellness through institutions including NASM, Yale University, the University of Edinburgh, and New York University. Paolo focuses on global program development and lifestyle-based wellness initiatives that support patient-centered care.



Janine Koukos | Executive Clinical Coordinator

Janine Koukos is the Executive Clinical Assistant for CareMedica Elite, bringing over 25 years of experience in the clinical field. She oversees and supervises all clinical activities related to Elite patients, ensuring the highest level of personalized care and coordination. Janine works closely with the CareMedica Elite physicians, providing continuous 24/7 support and facilitating seamless communication, follow-ups, and care execution.



Joanne Walsh | Reservation & Appointment Liaison

Joanne Walsh has been a valued member of the CareMedica Elite team for over a decade. Known for her exceptional dedication to patient care, Joanne plays a vital role in ensuring smooth operations behind the scenes. She expertly manages insurance verifications, medical records acquisition, and multiple administrative responsibilities that are essential to delivering high-quality, coordinated care.



Michael A. Ruotolo, MHC | Communications Specialist

Michael Ruotolo is a graduate of the University of Massachusetts Boston and a student mental health counselor pursuing a Master's degree in Clinical Counseling & Psychotherapy at Merrimack University. He brings over five years of experience enhancing patient experiences and optimizing digital communications. He is dedicated to ensuring patients feel heard, supported, and fully informed throughout their care journey.



ADVANCED IN-OFFICE PROCEDURES

ELITE GROUP FITNESS CLASSES

ELITE LIFESTYLE TRAVEL PACKAGES - ITALY 2024

CAREMEDICA ELITE FOUNDING MEMBERS



Fausto Petruzzello, M.D. | CareMEDICA Elite Medical Director

Dr. Petruzzello is a board-certified physician with over 30 years of experience in private practice. He earned his Doctor of Medicine degree summa cum laude from La Sapienza University in Rome and completed a General Surgery research fellowship at Tufts University. Dr. Petruzzello serves as Medical Director of CareMedica Elite, providing expert oversight and patient-centered care for all members.

✔ Private Physician

Enjoy unlimited access to your private physician, with a direct line of personal communication for prompt medical attention.

✔ Personal Clinical Coordinator

Rely on around-the-clock support from your clinical coordinator to assist with appointment coordination, prescription refills, and other medical inquiries that arise.

✔ Network of Affiliated Specialists

Meet with any of our affiliated physicians and medical specialists for second opinions and specialist consultations.

✔ Same-Day Visits

Come by the office as often as you'd like—whether for a same-day appointment, a routine check-in, or simply to say hello.

✔ Cardiometabolic Coaching

Get matched with a dedicated fitness coach and nutrition specialist to create a personalized plan tailored to your body, lifestyle, and wellness goals.

✔ Longer Appointments

Never wait to be seen or feel as though you're being rushed. Your private physician never sets limitations on appointment times.

✔ Screenings & Procedures

Offering in-house special screenings and procedures for prompt testing and rapid results delivery from the convenience of our office

✔ Yale University Affiliated

Affiliated with Yale Medical School and connected to a network of all other leading medical institutions, CareMEDICA Elite boasts well-regarded connections.

✔ Travel Medicine

Rely on your clinical concierge to assist with care coordination while traveling, either domestic or abroad — personal dossiers available upon request.

✔ Northeast to Southeast

Members enjoy full access to both of our offices in Connecticut and Florida, ensuring year-round care for our snowbird members.

✔ On-demand Telehealth

Speak with your Doctor no matter where you happen to be, with virtual telehealth visits available at all times, easily accessible from your mobile device.

✔ Private Members Lounge

Enjoy a refreshingly relaxed pre- and post-visit experience inside the members lounge, complete with luxury furnishings and daily refreshments.

MEMBERSHIP PLANS FOR SINGLES, COUPLES, & FAMILIES

MEMBERSHIP TIERS

<i>Elite</i> MEMBERSHIP	<div>MOST POPULAR (SAVE 10%)</div> MEMBERSHIP PAID ANNUALLY	OR, MEMBERSHIP PAID MONTHLY
INDIVIDUAL	\$2,900 ANNUAL TOTAL (\$241/month)	\$3,180 ANNUAL TOTAL (\$265/month)
FAMILY OF 2 (PRICE PER PERSON)	\$2,495 ANNUAL TOTAL (\$208/month)	\$2,748 ANNUAL TOTAL (\$229/month)
FAMILY OF 3 (PRICE PER PERSON)	\$2,360 ANNUAL TOTAL (\$197/month)	\$2,592 ANNUAL TOTAL (\$216/month)
FAMILY OF 4 (PRICE PER PERSON)	\$2,290 ANNUAL TOTAL (\$190/month)	\$2,520 ANNUAL TOTAL (\$210/month)



READY TO TAKE THE **FIRST STEP?**

CALL: (475) 239-8968

EMAIL: info@caremedicaelite.com

